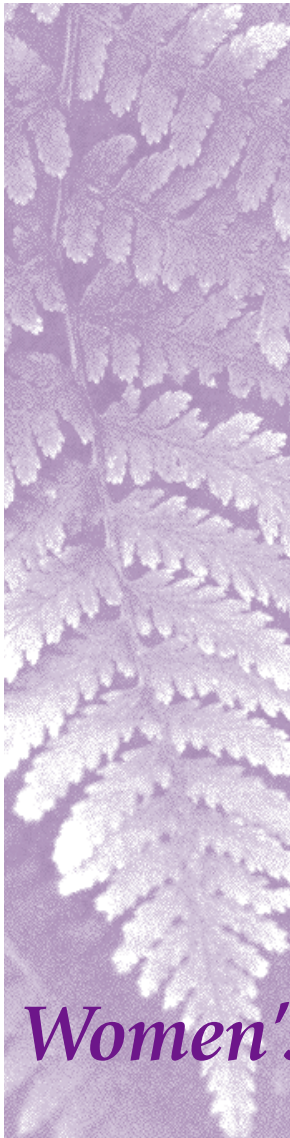


ovarian connection



From menarche to menopause,
our lives as women are woven through with an
ovarian connection.

A tide of hormones gives rise to the ebb and flow
of our fertility cycles -- a cycle that is unique to
each of us.

Find out more about how your ovarian connection
affects every part of your life in one of these
workshops.

Fertility Awareness Method

The Amazing Breasts

Body Fat Facts

Breastfeeding and Fertility

Physiology of the Childbearing Year

Perimenopause

Women's health workshops

www.ovarianconnection.ca